



South Pasadena Unified School District
1020 El Centro Street
South Pasadena, California 91030
<http://www.spusd.net>

PLEASE READ CAREFULLY, SIGN AND RETURN

TO: Parents of Fifth Grade Girls and Boys
FROM: Patty Cheadle, Principal, Marengo Elementary School
DATE: February 2017
SUBJECT: Health Education Presentation -- Human Growth and Development Program

As a part of our regular health-education curriculum, the fifth grade girls and boys will participate in separate lessons and a film that addresses human growth and development. The presentation, conducted by our teachers and local physicians, has been carefully planned and will include a discussion period.

At Marengo, Dr. Ruby Kalra will present the girls' lesson, and Dr. Ken Zangwill will present the boys' lesson on Wednesday, March 22, 2017.

The lessons will include the basic anatomy and physiology of the human reproductive system, the physical, social and emotional changes that emerge during puberty, and the importance of good health practices to promote wellness. The lessons will help students to develop a positive and informed approach to adolescence. Since this is a one-time discussion, parents are urged to continue to provide their children with information and support during these developmental years. The film can be previewed online: <http://www.youtube.com/watch?v=kzjbyEiuruM> for girls and <http://www.youtube.com/watch?v=FKJPTx1QuCc> for boys. If you have any questions about the presentations or content, please feel free to call either our District Nurse at 626-441-5830, Ex. 3917, or your child's teacher.

PLEASE TEAR OFF and RETURN TO SCHOOL

California State law and District policy require parental consent for your daughter or son to participate in the human growth and development unit. The films will be shown separately to fifth grade boys and girls. If you do not want your child to participate, he or she will visit another classroom during the presentations.

Please sign and return this form to your child's teacher as soon as possible.

Name of Student _____

Name of Teacher _____ School _____ Marengo _____

YES, my daughter/son may participate NO, I do not wish my daughter/son to participate

Parent's Signature _____ Date _____

Parent's Printed Name _____